



**DROP-IN  
March 2024**

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117  
Announcements, Special Events & Excursions**

**Announcements:** Visit the [Kennethyoung.org](http://Kennethyoung.org) website to see Drop-In Center activities, schedules, and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. \*Please see details below.

For questions or more information call your Drop-In Team at 847-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

**Updates:**

**N.A.M.I. Connection:** Now meeting the 1<sup>st</sup> and 3rd Sunday of the Month from 1:00PM - 2:30PM.

**Leadership and Empowerment:** Meets on Thursday, March 14 and Thursday, March 28 this month - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community. **We will meet at 4:00PM.**

**Work Why Not?** - Weekly job group where you will learn skills that will be useful even if you are not looking for a job. **Meets Wednesdays. See Calendar for time.**

**Recovery Connection:** Mental Health recovery focused class. **Meets Fridays at 1:00PM**

**Monthly Birthday Celebrations:** Meets at **12:00PM** on the 1st Wednesday of the month. Celebrate your birthday with Drop-In. Enjoy cake, cards and fun as we celebrate all birthdays from the current month.

**Library Excursions:** The Drop-In Center will take an excursion to the Mt. Prospect Library at 10 South Emerson St in Mt. Prospect on the 2<sup>nd</sup> and 4th Monday mornings of each month. We will leave the Drop-In Center at 9:30AM and return to the Drop-In Center by 11:15AM. Enjoy all of the resources the library has to offer. **This month, excursions to the library will be on March 11 and March 25.**

**Comedy Hour:** Meets the last Thursday of each month from **6:00PM – 7:00PM** - Watch standup comedians on screen and bring your own jokes in to share. Raffle tickets given for telling a joke to win a \$10 gift card.

**Karaoke/Open Mic Night:** Sing your favorite karaoke songs solo or with others and dance and get down! Raffle tickets given for performing to win a \$10 gift card. **(Meets on, Thursday, March 7, and March 21 at 4PM this month.)**

**Music Therapy:** Enjoy and benefit from 45 minutes of music therapy from a board Certified music therapist. **Meets this month on Wednesday, March 6 at 11:15AM.**

**Lunch:** While a small snack is served every day, **guests are encouraged to bring a bag lunch.** Microwave oven is available. Enjoy a full, homemade lunch each Wednesday (unless an excursion is scheduled). Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

**Dinner:** While a small snack is served every day, **guest are encouraged to bring a bag dinner.** Microwave oven is available. Enjoy a homemade dinner each Tuesday. Guests are encouraged to assist in the preparation, cooking, and clean-up of the meal.

**Art Therapy:** An art therapist will facilitate the group. Use art to learn something about yourself.  
**Date this month TBA.**

## **Special Events & Excursions**

### **Saturday, March 2 – Lambs Farm– Libertyville**

- 14245 W Rockland Rd Libertyville 60048
- Farmyard is closed until Spring
- Cuddle puppies and kittens at the Dogwood Garden Pet Center
- Shop for some bargains at the Cedar Chest Thrift Shop
- Sweets available at the Sugar Maple Country Store and Bakery
- Have lunch at the Magnolia Café (guests pay)
- We will leave Drop-In by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance.
- Van seating is limited

### **Saturday, March 9 – Bowling at Beverly Lanes – Arlington Heights**

- 8 S Beverly Ln
- **Free** to those who attend Drop-in (save \$7.00 per person)
- Lunch will be on your own after bowling – location to be decided on the day
- We will leave Drop-in by 10:15am and return by 3pm
- Please RSVP to Drop-In in advance
- Van seating is limited

### **Wednesday, March 13 – Classic Cinemas – Elk Grove Village**

- 1050 Arlington Heights Rd
- Arrive to Drop-In by 11am
- Free to those who attend Drop-In (Save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited

### **Saturday, March 16 – Navy Pier – Chicago**

- 600 E Grand Ave Chicago 60611
- Opened in 1995, Navy is a 50-acre scenic waterfront destination that is home to countless restaurants, exhibitions, shops, entertainments, and more
- FYI: Cost to ride the 200-foot high Ferris wheel is \$16 – on your own
- We will leave Drop-In by 10:15am and return by 3pm
- Van seating limited
- Please RSVP to Drop-In in advance
- Van seating is limited

### **Saturday, March 23 – Star Cinema Grill – South Barrington**

- 100 W Higgins Rd South Barrington 60010
- Star Cinema Grill is a theater concept that offers our guests first-run film releases and an extensive menu. Their goal is “to provide every guest with an unforgettable experience through unmatched hospitality, the highest quality food & beverages, and a flawless presentation.
- No Outside food or beverage allowed. Food and beverage on your own.
- Free to those who attend Drop-In (save \$10 per person)
- Walk and shop over 170 stores with two food courts in the PM
- Shop Bass Pro World: for fishermen and lovers of outdoors
- We will leave Drop-in by 10:15am and return by 3pm
- Van seating limited
- Please RSVP to Drop-In in advance

### **Saturday, March 30 – Family and Friends Day – Mount Prospect**

- 1585 W Dempster St
- Lunch is at 12pm noon
- Lunch will be a Potluck. You are asked to sign up to bring a main dish, side dish, or dessert. Call Drop-In at 847-621-2040 Ext 117 or come to Drop-In to sign up.
- Movie: Paycheck
- You are strongly urged to bring your Friends and Family
- Please RSVP to Drop-In in advance.