



DROP-IN

January 2018

Feel Free to Call the Drop-In at 847-621-2040 ext. 117

Announcements, Special Events & Excursions

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Get Fit Club: This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rex Plex to do light exercise at the Rec Plex. **(Continuing in January 2018) Renewal on January 8th.**

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

Special Events & Excursions

Thursday January 4th – Lights on Magnolia – Rolling Meadows

- 4504 Magnolia Dr.
- We will leave Drop-In at 5pm and Return by 8pm
- Christmas lights synched to music
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, January 6th – Lincoln Park Conservatory - Chicago

- 2391 N. Stockton Dr.
- We will leave Drop-In by 10:15am and return by 3pm

- Holiday flower show
- Free to those that attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday January 13th – Wolf Flea Market – Palatine

- 1775 N. Rand Rd.
- Fresh produce, antiques and new merchandise
- Free to those who attend Drop-In (Save \$1)
- Please RSVP to Drop-In in advance
- Van seating limited to 8 people

Wednesday, January 17th – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Road
- Arrive to Drop-In by 11am
- **FREE** to those that attend Drop-In (save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, January 20th – Bowling – Elk Grove Village

- 53 South Arlington Heights Road
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (save up to \$5.00 per person)
- Bowling, Arcade, and Pool
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

**Saturday, January 27th – Family and Friends Day – Movie and Discussion
“Patch Adams”**

- Please RSVP to Drop-In in advance
- Snacks will be provided
- Drop-In 10am to 3pm