

# Drop-In



All On-Site  
Kenneth Young  
Drop-In Center  
activities are  
**FREE** to  
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
Visit the <a href="http://Kennethyoung.org">Kennethyoung.org</a> website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)		3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Taste of Roselle-Roselle <u>Please CALL for Details &amp; to RSVP</u>
6	7	8	9	10	11	12
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club-OFF SITE- <u>Please CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	Excursion Art Insitute-Chicago (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling-Elk Grove (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
13	14	15	16	17	18	19
10 to 3 At your Leisure- <u>Please CALL for Details as we may be OFFsite</u>	10:00 Get Fit Club-OFF SITE- <u>Please CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Congo River Mini Golf-Hoffman Estates (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
20	21	22	23	24	25	26
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club-OFF SITE- <u>Please CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Family& Friends Day Movie & Discussion "Home" 10 to 3 Please CALL for Details & to RSVP
27	28	29	30	31		
10 to 3 At your Leisure- <u>Please CALL for Details as we may be OFFsite</u>	10:00 Get Fit Club-OFF SITE- <u>Please CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	Excursion CRSS Training-Chicago (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 to 8 Music for the Mind		

*\*This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend*