



Drop-In **DECEMBER**

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, II 60056 (located next to Culver's)				MERRY CHRISTMAS! HAPPY HOLIDAYS		Saturday Excursions Lambs Farm Hodiday Lights Gift and Craft Fair Please CALL for Details & to RSVP
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 10:30 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:00 Dinner/Social 6:30 Big Band Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Nutcracker Suite Ballet (See Flyers) Please CALL for Details & to RSVP
9	10	11	12	13	14	15
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 How U Doin' 10;30 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Dinner/Social 6:00 Off Site from 6PM to 8PM for Christmas Caroling (See Flyers) Please CALL for Details and to RSVP	Off Site 11:15am-3pm "Feed My Starving Children" (See Flyers) Please Call to RSVP	3:30 How U Doin' 4:30 Current Events 6:00 NAMI Xmas Party (Elk Grove) 8:15 Return to Drop-In Please call for Details and to RSVP	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling (See Flyers) Please CALL for Details & to RSVP
16	17	18	19	20	21	22
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 10:30 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) Please CALL for Details & to RSVP	(See Flyers) <u>Please Call</u> for Details and RSVP	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions HO!HO!HO! Drop-In Christmas Party (See Flyers) Please CALL for Details & to RSVP
23/30	24/31	25 Drop-In Closed	26	27	28	29
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	December 24 Christmas Eve Get- Together 10AM - 3PM December 31 New Year's Eve Party 7:15PM - 12:15AM See Flyer/Please RSVP	Merry Christmas! Drop-In Closed.	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Current Events 5:30 Dinner/Social 6:30 Christmas Lights Syncronized to Music (Off Site)	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Friends and Family Day Movie and Discussion (See Flyers) Please CALL for Details & to RSVP

All On-Site Kenneth Young Drop-In Center activities are FREE to registered guests

*This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction.

*must be 18 and over to attend