

Drop-In February 2018

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's) 				1 3:30 How You Doin' 4:30 Music for the Mind 5:30 Dinner/Social 6:30 Guest Choice	2 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	3 Saturday Excursions Putting Edge In Door Mini Golf Please <u>CALL</u> for Details & to RSVP
4 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	5 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	6 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	7 Excursion - Adler Planetarium Leave at 9:00 and Return by 3:30 *** Please CALL for details or to RSVP	8 3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night Dinner will be served.	9 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	10 Saturday Excursions Chicago Auto Show Leave at 9am. Back at 3pm (See Flyers) Please <u>CALL</u> for Details & to RSVP
11 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	12 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	13 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	14 Guest Choice - Cooking, Socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	15 3:30 How You Doin' 4:30 Music for the Mind 5:30 Dinner/Social 6:30 Guest Choice	16 1:00 Vocations for Recovery (Job Club) 2 to 5pm - Show a little LOVE to those who support KYC by contributing a painting or art project to share!	17 Saturday Excursions Bowling-Elk Grove (See Flyers) Please <u>CALL</u> for Details & to RSVP
18 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	19 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	20 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	21 Excursion - Classic Cinemas Please CALL for details or to RSVP	22 3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night Dinner will be served.	23 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	24 Family & Friends Day Movie & Discussion "Benny & Joon" 10 to 3 (See Flyers) Please CALL for Details & to RSVP
25 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	26 10:00 Get Fit Club Off Site - Please Call for Details We will return by noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	27 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	28 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship			

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*