



Drop-In **JANUARY**

Kenneth Young Drop In Center
(720 DropIn)
Recovery Drop-In Center
FEIN: 237181444

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
Visit the Kenneth Young.org website to see Dro-In Activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" at 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)		3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Current Events 5:30 Dinner/Social 7:00 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Wolf's Flea Market - Palatine (See Flyers) <u>Please CALL for Details & to RSVP</u>
6	7	8	9	10	11	12
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 11:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Mitchell Museum of the American Indian - Evanston (See Flyers) <u>Please Call for Details & to RSVP</u>
13	14	15	16	17	18	19
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 How U Doin' 11:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>	3:30 How U Doin' 4:30 Current Events 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>
20	21	22	23	24	25	26
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 11:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Movie and Discussion (See Flyers) <u>Please CALL for Details & to RSVP</u>
27	28	29	30	31		
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 How U Doin' 11:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	Excursion Gameworks (See Flyers) <u>Please CALL for Details & to RSVP</u>		

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

**This will be a
place where
individuals who
have
experienced
mental illness
create & operate
an environment
of support,
socialization &
self-direction.
*must be 18 and
over to attend*