





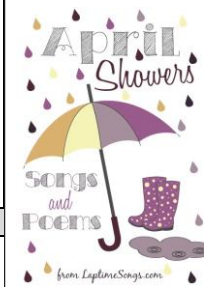
# Drop-In



Kenneth Young Drop In Center  
(720 Dropin)  
Recovery Drop-In Center  
FEIN: 237181444

| OPEN 10:00a to 3:00p   | OPEN 10:00a to 3:00p  | OPEN 3:30p to 8:00p   | OPEN 11:00a to 4:00p  | OPEN 3:30p to 8:00p   | OPEN 1:00p to 6:00p  | OPEN 10:00a to 3:00p   |
|--|---|---|---|---|--|--|
| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|   |   | 1<br>3:30 How U Doin'<br>4:00 <b>Self-Reflection Group</b><br>5:00 <b>Prep and Dinner</b><br>7:00 Movie and Popcorn Night                       | 2<br>11:15 <b>Work, Why Not</b><br>12:00 <b>Prep and Lunch/March Birthday Celebrations</b><br>1:00 Guest Choice | 3<br>3:30 How U Doin'<br>4:00 <b>Karaoke</b><br>5:15 Snack/Social<br>6:00 <b>Communication Group</b>  | 4<br>1:15 <b>Recovery Connection</b><br>2:30-4:30 <b>WRAP</b><br>4:30 Multimedia<br>1:00-2:30 <b>Work on Interpersonal Issues w/ Tom</b>             | 5<br>Saturday Excursion<br><b>Art Füzd - Schaumburg</b><br>(See Announcements)<br><b>Please Call Drop-In for Reservations</b>  |
| 6<br>10:00 How u Doin'?<br>11:00 <b>Guided Meditation</b><br>12:00 Snacks/Social<br>1:00 <b>NAMI Connection</b>                                | 7<br>10:00 How u Doin'?<br>10:30 <b>Bingo w/ prizes</b><br>11:30 Snacks/Social<br>12:00 Guest Choice<br>2:00 <b>Tranquility Time</b>                              | 8<br>3:30 How U Doin'<br>4:00 <b>Self-Reflection Group</b><br>5:00 <b>Prep and Dinner</b><br>7:00 Movie and Popcorn Night                       | 9<br>11:15 <b>Work, Why Not</b><br>12:00 <b>Excursion - Movie at Elk Grove Cinemas</b>                          | 10<br>3:30 How U Doin'?<br>4:00 <b>Leadership and Empowerment</b><br>5:30 Snacks/Social<br>6:00 <b>Communication Group</b>  | 11<br>1:00 <b>Recovery Connection</b><br>2:15-3:15 <b>Art Therapy</b><br>3:30 <b>Potluck</b><br>1:00-2:30 <b>Work on Interpersonal Issues w/ Tom</b> | 12<br>Saturday Excursion<br><b>Bowling at River Rand - Des Plaines</b><br>(See Announcements)<br><b>Please Call Drop-In for Reservations</b>   |
| 13<br>10:00 How u Doin'?<br>11:00 <b>Guided Meditation</b><br>12:00 Snacks/Social<br>1:00 <b>Gratitude Group</b>                               | 14<br>10:00 How u Doin'?<br>10:30 <b>Excursion - Mt. Prospect Plaza - Walmart and many other Stores</b><br>1:00 Guest Choice<br>2:00 <b>Short Story/Book Club</b> | 15<br>3:30 How U Doin'<br>4:00 <b>Egg Hunt followed by Self-Reflection Group</b><br>5:00 <b>Prep and Dinner</b><br>7:15 Movie and Popcorn Night | 16<br>11:15 <b>Work, Why Not</b><br>12:00 <b>Prep and Lunch</b><br>1:00 Guest Choice                            | 17<br><b>Special Hours 2:30-7p</b><br>2:45 <b>Depart for Walk thru Nature Excursion (Busse Woods)</b> (Please see Announcements/Call Drop-In for Reservations)<br>5:30 Snacks/Social<br>6:00 <b>Communication Group</b> | 18<br>1:15 <b>Recovery Connection</b><br>2:30-4:30 <b>WRAP</b><br>4:30 <b>Multimedia</b><br>1:00-2:30 <b>Work on Interpersonal Issues w/ Tom</b>     | 19<br>Saturday Excursion<br><b>Park Ridge Library, Shops, and a Park</b><br>(See Announcements)<br><b>Please Call Drop-In for Reservations</b>                                       |
| 20<br>10:00 How u Doin'?<br>11:00 <b>Guided Meditation</b><br>12:00 Snacks/Social<br>1:00 <b>NAMI Connection</b>                               | 21<br>10:00 How u Doin'?<br>10:30 <b>Bingo w/ prizes</b><br>11:30 Snacks/Social<br>1:00 Guest Choice<br>2:00 <b>Tranquility Time</b>                              | 22<br>3:30 How U Doin'<br>4:00 <b>Self-Reflection Group</b><br>5:00 <b>Prep and Dinner</b><br>7:00 Movie and Popcorn Night                      | 23<br>11:15 <b>Work, Why Not</b><br>12:00 <b>Prep and Lunch</b><br>1:00 Guest Choice                            | 24<br>3:30 How U Doin'?<br>4:00 <b>Leadership and Empowerment</b><br>5:30 Snacks/Social<br>6:00 <b>Communication Group</b>  | 25<br>1:15 <b>Recovery Connection</b><br>2:30-4:30 <b>WRAP</b><br>4:30 <b>Multimedia</b><br>1:00-2:30 <b>Work on Interpersonal Issues w/ Tom</b>     | 26<br>Friends and Family Day<br><b>Lunch - Grilled Burgers and Veggie Burgers.</b><br><b>Movie - "Sandlot"</b><br>(See Announcements)<br><b>Please Call Drop-In for Reservations</b> |
| 27<br>Sunday Excursion<br><b>Earth Day at Spring Valley - Schaumburg</b><br>(See Announcements)<br><b>Please Call Drop-In for Reservations</b> | 28<br>10:00 How u Doin'?<br>10:30 <b>Excursion - Mt. Prospect Plaza - Walmart and many other Stores</b><br>1:00 Guest Choice<br>2:00 <b>Short Story/Book Club</b> | 29<br>3:30 How U Doin'<br>4:00 <b>Self-Reflection Group</b><br>5:00 <b>Prep and Dinner</b><br>7:00 Movie and Popcorn Night                      | 30<br>11:15 <b>Work, Why Not</b><br>12:00 <b>Prep and Lunch</b><br>1:00 Guest Choice                            |    |  |  |

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



*\*This is a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend.*