


# Drop-In

# MAY

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
Visit the <a href="http://Kennethyoung.org">Kennethyoung.org</a> website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at <b>847-621-2040 ext. 117</b> or just "drop-in" @ <b>1585 W. Dempster St. Mt. Prospect, IL 60056</b> (located next to Culver's)		3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Art Show-Elmhurst</b> <u>Please CALL for Details &amp; to RSVP</u>
6	7	8	9	6	11	12
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	10:00 Get Fit Club- <b>OFF SITE-Please CALL for Details We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Bowling - Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
13	14	15	16	17	18	19
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 Get Fit Club- <b>OFF SITE-Please CALL for Details We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	Excursion <b>Classic Cinemas-Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Garage Sale Weekend - Mt. Prospect</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
20	21	22	23	24	25	26 * Hours - 8 to 1pm *
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	10:00 Get Fit Club- <b>OFF SITE-Please CALL for Details We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 6:00 <b>Community Dinner - Orchard Church</b> <u>Please CALL for Details &amp; to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Family and Friends Day - Fishing With Larry</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
27	28	29	30	31		
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	Memorial Day Party! Come for Food, Games, and Fun.	3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice		

All On-Site  
Kenneth Young  
Drop-In Center  
activities are  
**FREE** to  
registered guests

*\*This will be a  
place where  
individuals who  
have  
experienced  
mental illness  
create & operate  
an environment  
of support,  
socialization &  
self-direction.  
\*must be 18 and  
over to attend*