



Drop-In

March

Kenneth Young Drop In Center
(720 DropIn)
Recovery Drop-In Center
FEIN: 237181444

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Saturday Excursion Lambs Farm Mini-Golf and Shops - Libertyville (See Announcements) Please Call Drop-In for Reservations
2	3	4	5	6	7	8
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Bingo w/ prizes 11:30 Snacks/Social 12:00 Guest Choice 2:00 Tranquility Time	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 7:00 Movie aSnd Popcorn Night	11:15 Work, Why Not 12:00 Prep and Lunch/March Birthday Celebrations 1:00 Guest Choice	3:30 How U Doin' 4:00 Karaoke 5:15 Snack/Social 6:00 Communication Group	1:15 Recovery Connection 2:30-4:30 WRAP 4:30 Multimedia 1:00-2:30 Work on Interpersonal Issues w/ Tom	Saturday Excursion Bowling at River Rand - Des Plaines (See Announcements) Please Call Drop-In for Reservations
9	10	11	12	13	14	15
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 Gratitude Group	10:00 How u Doin'? 10:30 Excursion - Mt. Prospect Plaza - Walmart and many other Stores 12:00 Snacks/Social 1:00 Guest Choice 2:00 Short Story/Book Club	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 7:15 Movie and Popcorn Night	11:15 Work, Why Not 12:00 Excursion - Movie at Elk Grove Cinemas	3:30 How U Doin'? 4:00 Leadership and Empowerment 5:30 Snacks/Social 6:00 Communication Group	1:15 Recovery Connection 2:30-4:30 WRAP 4:30 Potluck and it's Pi Day - We will serve Pie! 1:00-2:30 Work on Interpersonal Issues w/ Tom	Saturday Excursion Spring Valley Pancake Breakfast and Maple Syrup Demonstration (See Announcements) Please Call Drop-In for Reservations
16	17	18	19	20 - Special Hours	s	22
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 NAMI Connection	10:00 How u Doin'? 10:30 Bingo w/ prizes 11:30 St. Patrick's Day Lunch - Corned Beef Sandwiches and Green River - Irish Tunes - Coloring Pages 2:00 Tranquility Time	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 7:00 Movie and Popcorn Night	11:15 Work, Why Not 12:00 Prep and Lunch 1:00 Guest Choice	Special Hours 2:30-7p 2:45 Depart for Walk thru Nature Excursion (Busse Woods) (Please see Announcements/Call Drop-In for Reservations) 5:30 Snacks/Social 6:00 Communication Group	1:15 Recovery Connection 2:30-4:30 WRAP 4:30 Multimedia 1:00-2:30 Work on Interpersonal Issues w/ Tom	Saturday Excursion Bahá'í House of Worship - Wilmette (See Announcements) Please Call Drop-In for Reservations
23/30	24/31	25	26	27	28	29
10:00 How u Doin'? 11:00 Guided Meditation 12:00 Snacks/Social 1:00 Gratitude Group	10:00 How u Doin'? 10:30 Excursion - Mt. Prospect Plaza - Walmart and many other Stores 12:00 Snacks/Social 1:00 Guest Choice 2:00 Short Story/Book Club	3:30 How U Doin' 4:00 Self-Reflection Group 5:00 Prep and Dinner 7:00 Movie and Popcorn Night	11:15 Work, Why Not 12:00 Prep and Lunch 1:00 Guest Choice	3:30 How U Doin' 4:00 Leadership and Empowerment 5:15 Snack/Social 6:30 Communication Group	1:15 Recovery Connection 2:15-3:15 Art Therapy 4:30 Multimedia 1:00-2:30 Work on Interpersonal Issues w/ Tom	Family and Friends Day Featured Movie - National Lampoon's Vacation Lunch - Grilled Cheese and Tossed Salad (See Announcements) Please Call Drop-In for Reservations

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



**This is a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend.*