Kenneth Young Center

Drop-In

Kenneth Young Drop In Center
(720 DropIn)
Recovery Drop-In Center
FEIN: 237181444

OPEN 10:00a to 3:00p	*OPEN 10:00a to 3:00p*	*OPEN 3:30p to 8:00p*	*OPEN 11:00a to 4:00p*	*OPEN 3:30p to 8:00p*	*OPEN 1:00p to 6:00p*	*OPEN 10:00a to 3:00p*
SUNDAY	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**
				1	**2**	**3**
Visit the kennthyoung.org website to see Drop-In Center activities, details, and other Kenneth Young programming. For questions or more information , call your Drop-In Team at **847-621-2040 ext 4** or just "drop in" @ **1585 W. Dempster St. Mt. Prospect, IL 60056** (located next to Culver's)				3:30 How U Doin'? 4:00 **Karaoke/Open Mic/Dance Party** 5:30 Snacks/Social 6:00 **Poetry Club**	1:15 **Recovery Connection** 2:00 **Creative Arts** 3:00 Snacks/Social 4:00 Multimedia	Saturday Excursion **Rhandhurst Village Fall Festival - Mount Prospect** (See Announcements) **Please Call Drop-In for Reservations**
4	**5**	**6**	**7**	**8**	**9**	**10**
10:00 How u Doin'? 11:00 **Guided Meditation** 12:00 Snacks/Social 1:00 **NAMI Connection**	10:00 How u Doin' 10:30 **Excursion - Mt. Prospect Plaza - Walmart and many other Stores** 1:00 Guest Choice 2:00 **Meaning and Purpose**	3:30 How U Doin' 4:00 **Self-Reflection Group** 5:00 **Prep and Dinner** 6:00 Movie and Popcorn Night	11:00 How you doin' 11:15 **Work, Why Not?** 12:00 **Prep and Lunch/October Birthdays** 1:00 **Guest Choice**	Special Hours 2:00pm-7:00pm 2:30 **Fall Colors Hike with Mary Anne** 5:00 Snack/Social 6:00 **Poetry Club**	1:15 **Leadership and Empowerment** 2:00 **Creative Arts** 3:00 **Potluck** 4:00 Multimedia	Saturday Excursion **Drive and walk Morton Arboretum - Lisle** (See Announcements) **Please Call Drop-In for Reservations**
11	**12**	**13**	**14**	**15**	**16**	**17**
10:00 How u Doin'? 11:00 **Guided Meditation** 12:00 Snacks/Social 1:00 **Gratitude Group**	10:00 How u Doin' 10:30 **BINGO with prizes** 11:30 Snacks/Social 1:00 Guest Choice 2:00 **Chair Fitness**	3:30 How U Doin' 4:00 **Self-Reflection Group** 5:00 **Prep and Dinner** 6:00 Movie and Popcorn Night	11:00 How U Doin' Call for Excursion Info- **Excursion - Movie at Elk Grove Cinemas** 3:30 Guest Choice **Please Call Drop-In for Reservations**	3:30 How U Doin'? 4:00 **Karaoke/Open Mic/Dance Party** 5:00 Snacks/Social 6:00 **Poetry Club**	1:15 **Recovery Connection** 2:00 **Creative Arts** 3:00 Snack/Social 5:00 Multimedia	Saturday Excursion **Apple Picking - Woodstock** (See Announcements) **Please Call Drop-In for Reservations**
18	**19**	**20**	**21**	**22**	**23**	**24**
10:00 How u Doin'? 11:00 **Guided Meditation** 12:00 Snacks/Social 1:00 **NAMI Connection**	10:00 How u Doin' 10:30 **Excursion - Mt. Prospect Plaza - Walmart and many other Stores** 1:00 Guest Choice 2:00 **Meaning and Purpose**	3:30 How U Doin' 4:00 **Self-Reflection Group** 5:00 **Prep and Dinner** 6:00 Movie and Popcorn Night	11:00 How you doin' 11:15 **Work, Why Not?** 12:00 **Prep and Lunch** 1:00 **Guest Choice**	3:00 How U Doin'? 4:00 **Leadership and Empowerment** 5:00 Snack/Social 6:00 **Poetry Club**	1:15 **Recovery Connection** 2:00 **Creative Arts** 3:00 Snacks/Social 4:00 Multimedia	Saturday Excursion **Bowling at River Rand - Des Plaines** (See Announcements) **Please Call Drop-In for Reservations**
25	**26**	**27**	**28**	**29**	**30**	**31**
10:00 How u Doin'? 11:00 **Guided Meditation** 12:00 Snacks/Social 1:00 **Gratitude Group**	10:00 How u Doin' 10:30 **BINGO with prizes** 11:30 Snacks/Social 1:00 Guest Choice 2:00 **Chair Fitness**	3:30 How U Doin' 4:00 **Self-Reflection Group** 5:00 **Prep and Dinner** 6:00 Movie and Popcorn Night	11:00 How you doin' 11:15 **Work, Why Not?** 12:00 **Prep and Lunch** 1:00 **Guest Choice**	3:30 How U Doin'? 4:00 **Comedy Hour** 5:00 Snacks/Social 6:00 **Poetry Club**	1:15 **Recovery Connection** 2:00 **Art Therapy w/Faye** 3:00 Snacks/Social 4:00 Multimedia	Saturday Excursion **Spooky Family and Friends Day** (See Announcements) **Please Call Drop-In for Reservations**

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

This is a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend.