


OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Guest Choice 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	2 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	3 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	4 3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 7:00 <b>Big Band</b> (See Flyers) - <u>Please CALL For Details &amp; to RSVP</u>	5 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	6 Saturday Excursions <b>Goebbert's Pumpkin Patch</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
7 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	8 10:00 Guest Choice 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	9 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	10 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	11 3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	12 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	13 Saturday Excursions <b>Fall Fest at Lincoln Park Zoo</b> (See Flyers) <u>Please Call for Details &amp; to RSVP</u>
14 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	15 10:00 Guest Choice 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	16 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	17 Excursion <b>Classic Cinemas-Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	18 3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	19 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	20 Saturday Excursions <b>Bowling-Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
21 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	22 10:00 Guest Choice 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	23 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	24 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	25 3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	26 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	27 Friends and Family <b>Spooktacular Halloween Party!</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
28 10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	29 10:00 Guest Choice 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	30 3:30 How U Doin' 4:30 <b>Helping Hands</b> 5:30 Dinner/Social 6:30 Recovery Circle	31 11 to 4 Halloween Movie, Games, Food, and Fun.	Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at <b>847-621-2040 ext. 117</b> or just "drop-in" @ <b>1585 W. Dempster St. Mt. Prospect, IL 60056</b> (located next to Culver's)		

All On-Site  
Kenneth Young  
Drop-In Center  
activities are  
**FREE** to  
registered guests

*\*This will be a  
place where  
individuals who  
have  
experienced  
mental illness  
create & operate  
an environment  
of support,  
socialization &  
self-direction.  
\*must be 18 and  
over to attend*