

All On-Site  
Kenneth Young  
Drop-In Center  
activities are  
**FREE** to  
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="background-color: #e91e63; color: white; padding: 10px; border-radius: 15px; display: inline-block;"> <p style="text-align: center;"><b>Get Fit Club- If you wish to join, Please see contact Drop-In for more details</b></p> </div>						1
<p style="text-align: center;">Visit the <a href="http://Kennethyoung.org">Kennethyoung.org</a> website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your <b>Drop-In Team at 847-621-2040 ext. 117</b> or just "drop-in" @ <b>1585 W. Dempster St. Mt. Prospect, IL 60056</b> (located next to Culver's)</p>						<p>Saturday Excursions <b>American Science &amp; Surplus-Chicago</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u></p>
2	3	4	5	6	7	8
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	10:00 Get Fit Club-OFF SITE-Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	Excursions <b>Big Band-Elk Grove</b> (See Flyers) Please <u>CALL for Details &amp; to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Arts &amp; Crafts Festival Villa Park</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
9	10	11	12	13	14	15
10 to 3 <b>At your Leisure- Please CALL for Details as we may be OFFsite</b>	10:00 Get Fit Club-OFF SITE-Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Bowling-Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
16	17	18	19	20	21	22
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 <b>NAMI Connection</b>	10:00 Get Fit Club-OFF SITE-Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	Excursion <b>Classic Cinemas-Elk Grove</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions <b>Chicago Botanic Garden-Eath Day-Glenco</b> (See Flyers) <u>Please CALL for Details &amp; to RSVP</u>
23	24	25	26	27	28	29
10 to 3 <b>At your Leisure</b>  30th 10 to 3 <b>At your Leisure</b>	10:00 Get Fit Club-OFF SITE-Please <u>CALL for Details</u> <b>We will return by Noon for:</b> 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 <b>Leadership &amp; Empowerment</b> 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	<b>FAMILY AND Friends Day Silver Lining Playbook</b> 10 to 3 (See Flyers) Please <u>CALL for Details &amp; to RSVP</u>

*\*This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend*

