


Drop-In



All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	Excursions Big Band-Elk Grove (See Flyers) Please CALL for Details & to RSVP	1:00 Vocations for Recovery (Job Club) 2:00 Cinco De Mayo Celebration	Saturday Excursions KYC Hustle for Health Walk & Breakfast 8 am to 1pm Please CALL for Details & to RSVP
	7	8	9	10	11	12
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Arts and Crafts Adventure-Elk Grove (See Flyers) Please CALL for Details & to RSVP
14	15	16	17	18	19	20
10 to 3 At your Leisure-Please CALL for Details as we may be OFFsite	10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) Please CALL for Details & to RSVP	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling-Elk Grove Garage Sales-Mt. Prospect (See Flyers) Please CALL for Details & to RSVP
21	22	23	24	25	26	27
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Family & Friends Day Praire Arts Festival-Schaumburg 10 to 3 (See Flyers) Please CALL for Details & to RSVP
29	29	30	31	Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)		
10 to 3 At your Leisure-Please CALL for Details as we may be OFFsite	10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Moving Forward 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Lincoln Park Zoo-Chicago Grove (See Flyers) Please CALL for Details & to RSVP			

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*