

# AIMS PROGRAM

## AMBULATORY INTEGRATION OF THE MEDICAL AND SOCIAL MODEL

### Are You 55+ Years Old? Do You:

- Feel down, sad, worried, or stressed?
- Have a hard time taking your medications or following-up with your doctor's recommendations?
- Struggle with memory loss or have a recent diagnosis of dementia?
- Feel it is becoming difficult to do the daily tasks you used to do?
- Find yourself calling your doctor or frequenting the emergency room?

Or

### Are You the Caregiver Of An Older Adult Who:

- Feels overwhelmed with the care of a loved one?
- Lacks knowledge, resources, or support to provide adequate care?



## AIMS Can Help.

The AIMS Program is a short-term social work intervention to help identify and achieve treatment goals. It's designed to reduce hospitalization, improve health outcomes, and increase quality of life.

## COST: FREE

This program is provided to patients of AMITA Medical Group Internal Medicine by Kenneth Young Center via a generous grant from the Weinberg Foundation. If you think AIMS is right for you, please speak with your physician or call

# 847-338-1085

