



## **DROP-IN**

**August 2017**

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117**

**Announcements, Special Events & Excursions**

**Announcements:** Visit the [Kennethyoung.org](http://Kennethyoung.org) website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. \*Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

### **Updates:**

**Get Fit Club:** This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rex Plex to do light exercise at the Rec Plex. **(Continuing in August 2017)**

**Helping Hands:** This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

**N.A.M.I. Connection:** 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the Month

**Leadership and Empowerment:** on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

**Vocations for Recovery: (Job Club)** Fridays from 1pm to 2pm

### **Special Events & Excursions:**

#### **Saturday August 5th – Taste of Roselle – Roselle**

- Main St. (Downtown)
- We will leave Drop-In at 11:30am and return by 3pm
- Live Music, Food, Craft Fair, and Family Fun
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Thursday August 10<sup>th</sup> – Art Institute of Chicago – Chicago**

- 111 S. Michigan Ave.
- We will leave Drop-In at 3:30pm and return by 8:30pm
- Free to those that attend Drop-In (Save \$16 Per Person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Saturday, August 12<sup>th</sup> – Bowling – Elk Grove Village**

- 53 South Arlington Heights Road
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (save up to \$5.00 per person)
- Bowling, Arcade, and Pool
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Wednesday, August 16<sup>th</sup> – Classic Cinemas – Elk Grove Village**

- 1050 Arlington Heights Road
- Arrive to Drop-In by 11am
- **FREE** to those that attend Drop-In (save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Saturday, August 19<sup>th</sup> – Congo River Mini Golf – Hoffman Estates**

- 1325 N. Barrington Rd.
- We will leave Drop-In by 10:00am and return by 3pm
- **FREE** to those that attend Drop-In (Save \$9.75)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Saturday, August 26<sup>th</sup> – Family and Friends Day – “Home” Movie and Discussion**

- Drop-In
- Please RSVP to Drop-In in advance

### **Tuesday, August 29<sup>th</sup> – CRSS Training – Chicago**

- Thompson Center - 100 W Randolph St, Chicago, IL 60601
- Leave Drop-In at 7am and return by 5:30pm
- Train leaves Mt. Prospect at 7:50am and returns at 5:16pm (4:39 Departure Time)