



DROP-IN

March 2018

Feel Free to Call the Drop-In at 847-621-2040 ext. 117

Announcements, Special Events & Excursions

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Get Fit Club: This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rex Plex to do light exercise at the Rec Plex. **(Continuing in March 2018) Renewal on March 5th.**

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

Special Events & Excursions

Saturday, March 3rd – Mini Golf at the Library – Mt. Prospect

- 10 S. Emerson St.
- We will leave Drop-In by 10:15am and return by 3pm
- In door mini golf
- Free to those that attend Drop-In (Save \$5)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, March 10th – Wolff's Flea Market, Lunch, and Shopping – Palatine

- 1775 N. Rand Rd.
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (Save \$1.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Thursday, March 15th – 3rd Anniversary Party! – Drop-In (Meyer's Community Room)

- 1585 W. Dempster
- Live music, food, and fun!
- Please RSVP to Drop-In in advance
- Come celebrate Drop-In's 3rd Anniversary!

Saturday, March 17th – Bowling – Elk Grove Village

- 53 South Arlington Heights Road
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (Save \$5.00 per person)
- Bowling, Arcade, and Pool
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Wednesday, March 21st – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Road
- Arrive to Drop-In by 11am
- **FREE** to those that attend Drop-In (save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, March 24th – The Awakenings Project – Elgin

- 164 Division Street, #415
- Come paint or create a craft and support the Awakenings Project
- Please RSVP to Drop-In in advance
- Van seating limited to 8 guests
- Drop-In 10am to 3pm

Saturday, March 31st – Friends and Family Day – Drop-In

- Join us as we screen the movie "E.T." and have a discussion about loneliness
- Lunch will be at noon
- Please RSVP to Drop-In in advance
- Drop-In 10am to 3pm