



DROP-IN

December 2017

Feel Free to Call the Drop-In at 847-621-2040 ext. 117

Announcements, Special Events & Excursions

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Get Fit Club: This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rex Plex to do light exercise at the Rec Plex. **(Continuing in December 2017) Renewal on December 11th.**

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

Special Events & Excursions

Saturday December 2nd – Putting Edge Mini Golf – Norridge

- 4105 N. Harlem Ave
- We will leave Drop-In at 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (save \$11.50 per person)
- Indoor Glow In The Dark Mini Golf and Arcade
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, December 9th – Garfield Park Conservatory - Chicago

- 300 N. Central Park Ave.

- We will leave Drop-In by 10:15am and return by 3pm
- Indoor exhibition of plant life
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Thursday, December 14th – KYC Talent Show – Elk Grove Village

- KYC 1001 Rohlwing Rd.
- **Drop-In Hours 11am to 4pm** (talent show from 12pm to 3pm)
- Display your special talent or just enjoy watching the show
- Please RSVP to Drop-In in advance
- Van seating limited to 8 people

Thursday, December 14th – NAMI Holiday Pizza Party – Elk Grove Village

- KYC 1001 Rohlwing Rd.
- 6pm to 8pm
- Celebrate the holiday with pizza and gifts provided by NAMI Schaumburg
- Please RSVP to Drop-In in advance
- *****NOTE*** YOU MUST PROVIDE YOUR OWN TRANSPORTATION**

Saturday, December 16th – Bowling – Elk Grove Village

- 53 South Arlington Heights Road
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (save up to \$5.00 per person)
- Bowling, Arcade, and Pool
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Wednesday, December 20th – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Road
- Arrive to Drop-In by 11am
- **FREE** to those that attend Drop-In (save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, December 23rd – Christmas Party – Drop-In

- 10am to 3pm
- Come celebrate the holiday season with food, games, and fun
- Please RSVP to Drop-In in advance

Saturday, December 30th – Family and Friends Day – What's Eating Gilbert Grape – Movie and Discussion

- Please RSVP to Drop-In in advance
- Snacks will be provided
- Drop-In 10am to 3pm

