


Drop-In January 2018

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Come join us as we celebrate the New Year! Open 10am to 3pm	2 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	3 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	4 3:30 How U Doin' Thursday Excursion 4:30 Christmas lights on Magnolia St. Please CALL for details & to RSVP. 7:00 Guest Choice	5 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media *Snacks will be available from 4:30 to 5:30	6 Saturday Excursions Lincoln Park Conservatory <u>Please CALL for Details & to RSVP</u>
7 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	8 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	9 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	10 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	11 3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	12 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	13 Saturday Excursions Wolf's Flea Market (See Flyers) <u>Please CALL for Details & to RSVP</u>
14 10:00 How U Doin' 11:00 Breakfast/Social 12:00 Guest Choice	15 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	16 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	17 Excursion Classic Cinemas-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>	18 3:30 to 8 Music for the Mind	19 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	20 Saturday Excursions Bowling-Elk Grove Put your game on! (See Flyers) <u>Please CALL for Details & to RSVP</u>
21 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	22 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	23 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	24 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	25 3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	26 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	27 Friends and Family Day Movie and Discussion "Patch Adams" Please CALL for Details & to RSVP
29 10:00 How U Doin' 11:00 Breakfast/Social 12:00 Guest Choice	29 10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	30 3:30 How U Doin' 4:30 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	31 11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)		

**This will be a
place where
individuals who
have
experienced
mental illness
create & operate
an environment
of support,
socialization &
self-direction.
*must be 18 and
over to attend*