



**Kenneth
Young
Center**

Drop-In

July ★★

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)						1 Saturday Excursions Frontier Days-Arlington Heights Please CALL for Details <u>& to RSVP</u>
2 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	3 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	4 Excursions 79th Lions Club Festival-Mt. Prospect (See Flyers) Please CALL for Details & to RSVP	5 11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	6 Excursions Gameworks-Schaumburg (See Flyers) Please CALL for Details & to RSVP	7 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	8 Saturday Excursions North Shore Art Market-Skokie (See Flyers) Please CALL for Details & to RSVP
9 10 to 3 At your Leisure-Please CALL for Details as we may be OFFsite	10 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	11 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	12 11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	13 11 to 4 Special Event Excursion Summer Luau Food Fun and Games Please CALL for Details & to RSVP	14 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	15 Saturday Excursions Bowling-Elk Grove (See Flyers) Please CALL for Details & to RSVP
16 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	17 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	18 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	19 Excursion Classic Cinemas-Elk Grove (See Flyers) Please CALL for Details & to RSVP	20 3:30 to 8 Music for the Mind	21 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	22 Saturday Excursions Windy City Pet Expo-Schaumburg (See Flyers) Please CALL for Details & to RSVP
23 & 30 July 23rd & July 30th hours may vary due to off site activities At your Leisure-Please CALL for Details as we may be OFFsite	24th & 31 July 24th & July 31st 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	25 Excursion CRSS Training-Chicago (See Flyers) Please CALL for Details & to RSVP	26 11 to 4 Special Event M & M Creative Art	27	28 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	29 Family & Friends Day Movie & Discussion "The Pursuit of Happiness" 10 to 3 Please CALL for Details & to RSVP

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*