




OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)					1 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	2 Saturday Excursions Putting Edge Mini-Golf (See Flyers) Please CALL for Details & to RSVP
3	4	5	6	7	8	9
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club - Off Site - Please CALL for Details . We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Current Events 5:30 Guest's Cook 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Chicago Auto Show (See Flyers) Please Call for Details & to RSVP
10	11	12	13	14	15	16
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 Get Fit Club - Off Site - Please CALL for Details . We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling-Mt. Prospect (See Flyers) Please CALL for Details & to RSVP
17	18	19	20	21	22	23
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club - Off Site - Please CALL for Details . We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) Please CALL for Details & to RSVP	5:00 Guest's Cook 6:30 Depart 7:30 Laugh Out Loud (See Flyers) 9:30 Return to Drop-In	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Movie and Discussion "Matchstick Man" (See Flyers) Please CALL for Details & to RSVP
24	25	26	27	28		
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 Get Fit Club - Off Site - Please CALL for Details . We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night		

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*

