



**DROP-IN  
May 2018**

**Feel Free to Call the Drop-In at 847-621-2040 ext. 117  
Announcements, Special Events & Excursions**

**Announcements:** Visit the [Kennethyoung.org](http://Kennethyoung.org) website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. \*Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

**Updates:**

**Get Fit Club:** This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rex Plex to do light exercise at the Rec Plex. **(Continuing in May 2018) Renewal on May 7th.**

**Helping Hands:** This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

**N.A.M.I. Connection:** 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the Month

**Leadership and Empowerment:** on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

**Vocations for Recovery: (Job Club)** Fridays from 1pm to 2pm

**Special Events & Excursions**

**Saturday, May 5th – Art Show – Elmhurst**

- 175 S. Prospect Ave.
- Art vendors, food, and live music
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Saturday, May 12th – Bowling – Elk Grove Village**

- 53 South Arlington Heights Road
- We will leave Drop-In by 11:45am and return by 3pm
- **FREE** to those that attend Drop-In (Save \$5.00)
- Bowling, Arcade, and Pool
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Wednesday, May 16th – Classic Cinemas – Elk Grove Village**

- 1050 Arlington Heights Road
- Arrive to Drop-In by 11am
- **FREE** to those that attend Drop-In (save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Saturday, May 19th – Garage Sale Weekend – Mt. Prospect**

- We will leave Drop-In by 10:15am and return by 3pm
- Join us as we search for garage sale treasures around Mt. Prospect
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

### **Thursday, May 24th – Community Dinner at the Orchard Church – Arlington Heights**

- 1330 North Douglas Ave.
- Community dinner free to all
- We will leave Drop-In at 6pm and Return at 8pm
- Please RSVP to Drop-In in advance
- Van Seating Limited to 8 People

### **Saturday, May 26th – Friends and Family Day - Fishing With Larry – Location to be determined**

- Join us as we spend a morning fishing and picnicking
- **Fishing licenses will be purchased by Drop-In on Thursday, May 10<sup>th</sup> at 3:30pm**
- Please RSVP to Drop-In in advance
- **\*\*\* Hours Changed from 8am to 1pm \*\*\***
- Van Seating Limited to 8 People

### **Monday, May 28th – Memorial Day Party – Drop-In**

- Come for Food, Games, and Fun!
- Please RSVP to Drop-In in advance