

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)						
						
4	5	6	7	8	9	10
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 9:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Woodstock Square - Woodstock Please <u>CALL</u> for Details & to <u>RSVP</u>
11	12	13	14	15	16	17
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 How U Doin' 9:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Traditional Thanksgiving Dinner-Elk Grove (See Flyers) Please <u>CALL</u> for Details & to <u>RSVP</u>
18	19	20	21	22 ***10am to 3pm***	23	24
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 How U Doin' 9:00 Movement Group 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) Please <u>CALL</u> for Details & to <u>RSVP</u>		1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Friends and Family Day- Mount Prospect Movie (See Flyers) Please <u>CALL</u> for Details & to <u>RSVP</u>
25	26	27	28	29	30	
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All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*