













Drop-In



All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

<i>OPEN 10:00a to 3:00p</i>	<i>OPEN 10:00a to 3:00p</i>	<i>OPEN 3:30p to 8:00p</i>	<i>OPEN 11:00a to 4:00p</i>	<i>OPEN 3:30p to 8:00p</i>	<i>OPEN 1:00p to 6:00p</i>	<i>OPEN 10:00a to 3:00p</i>
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection 	2 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle 	4 Excursion Museum of Science & Industry-Chicago (See Flyers) Please CALL for Details & to RSVP	5 Excursion Big Band-Elk Grove (See Flyers) Please CALL for Details & to RSVP 	6 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	7 Saturday Excursions Chicago Botanic Garden-Glencoe Please CALL for Details & to RSVP 
8 10 to 3 At your Leisure- Please CALL for Details as we may be OFFsite	9 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	10 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	12 3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	13 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	14 Saturday Excursions Goebberts Pumpkin Patch-Hampshire (See Flyers) Please CALL for Details & to RSVP
15 10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection 	16 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	17 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	18 Excursion Classic Cinemas- ElkGrove (See Flyers) Please CALL for Details & to RSVP 	19 3:30 to 8 Music for the Mind 	20 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	21 Saturday Excursions Bolwing-Elk Grove (See Flyers) Please CALL for Details & to RSVP
22 10 to 3 Tailgate party-Bears Game Please CALL for Details as we may be OFFsite 	23 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	24 3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	25 11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	26 3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	27 1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	28 Halloween Costume Party  10 to 3 Please CALL for Details & to RSVP 
29 10 to 3 At your Leisure- Please CALL for Details as we may be OFFsite	30 10:00 Get Fit Club-OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	31 The Gathering Party 3:30 to 8 Please CALL for Details & to RSVP 	Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's) 			

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*