



DROP-IN

November 2017

Feel Free to Call the Drop-In at 847-621-2040 ext. 117

Announcements, Special Events & Excursions

Announcements: Visit the Kennethyoung.org website to see Drop-In Center activities, schedules and other Kenneth Young programming.

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests. Off-Site Excursions and Special Events are commonly free, however, some do have a minimal cost to you. *Please see details below.

For questions or more information call your Drop-In Team at 847-621-2040 ext. 117 or just "drop in" @ 1585 W. Dempster St. Mount Prospect, IL 60056 (located next to Culvers)

Updates:

Get Fit Club: This club meets at the Drop-In every Monday morning to set our weekly goals, check-in and then buddy up for our weekly trip to the Rex Plex to do light exercise at the Rec Plex. **(Continuing in November 2017) Renewal on November 13th.**

Helping Hands: This is a discussion group that will utilize "group knowledge" in problem solving or dealing with day-to-day things that may inhibit someone from achieving their goals.

N.A.M.I. Connection: 1st and 3rd Sundays of the Month

Leadership and Empowerment: on the 2nd and 4th Thursday - have a say, increase confidence, share ideas, plan events and activities for you, the guests of the Kenneth Young Drop-In Center and our community.

Vocations for Recovery: (Job Club) Fridays from 1pm to 2pm

Special Events & Excursions

Saturday November 4th – Putting Edge Mini Golf – Norridge

- 4105 N. Harlem Ave
- We will leave Drop-In at 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (save \$11.50 per person)
- Indoor Glow In The Dark Mini Golf and Arcade
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, November 11th – Bowling – Elk Grove Village

- 53 South Arlington Heights Road
- We will leave Drop-In by 10:15am and return by 3pm
- **FREE** to those that attend Drop-In (save up to \$5.00 per person)
- Bowling, Arcade, and Pool
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Wednesday, November 15th – Classic Cinemas – Elk Grove Village

- 1050 Arlington Heights Road
- Arrive to Drop-In by 11am
- **FREE** to those that attend Drop-In (save \$6.00 per person)
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, November 18th – Elk Grove Community Dinner (Christus Victor Lutheran Church) - Elk Grove Village

- 1045 S. Arlington Heights Rd.
- We will leave Drop-In by 10:15am and return by 3pm
- Turkey and Desserts
- Please RSVP to Drop-In in advance
- Van seating is limited to 8 people

Saturday, November 23rd – Thanksgiving Party – Drop-In

- 10am to 3pm
- Food, Games, and Fun
- Please RSVP to Drop-In in advance

Saturday, November 25th – Family and Friends Day – Guest Speaker-Spirit, Strength and Hope

- Guest Speaker @ 1pm
- Please RSVP to Drop-In in advance
- Snacks will be provided
- Drop-In 10am to 3pm