





All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)					1	2
3	4	5	6	7	8	9
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 to 8 Music for the Mind 	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Putting Edge Mini Golf Norridge <u>Please CALL for Details & to RSVP</u>
10	11	12	13	14	15	16
10 to 3 At your Leisure- <u>Please CALL for Details as we may be OFFsite</u>	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	Special Event & Hours 11 to 4 KYC Talent Show-Elk Grove <u>Please CALL for Details & to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bolwing-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>
17	18	19	20	21	22	23
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas- ElkGrove (See Flyers) <u>Please CALL for Details & to RSVP</u>	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30 	SPECIAL EVENT Drop-In Christmas Party (See Flyers) <u>Please CALL for Details & to RSVP</u>
24	25	26	27	28	29	30
December 24th..At your Leisure  December 31st 10-3 New Years Eve	Closed for the Holiday 	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Family& Friends Day Movie & Discussion "What's Eating Gilbert Grape" 10 to 3 <u>Please CALL for Details & to RSVP</u>

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*