



# Drop-In

# December

Kenneth Young Drop In Center  
(720 DropIn)  
Recovery Drop-In Center  
FEIN: 237181444

OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 How u Doin'? 11:00 <b>Guided Meditation</b> 12:00 Snacks/Social 1:00 <b>NAMI Connection</b>	2 10:00 How u Doin'? 10:30 <b>Bingo w/ prizes</b> 12:00 Snacks/Social 1:00 <b>Yoga, Mindfulness and Meditation</b> 2:00 Guest Choice	3 3:30 How U Doin' 4:00 <b>Holiday Blues Group w/ Christine</b> 5:00 Prep and Dinner 7:00 Movie and Popcorn Night	4 11:15 <b>Work, Why Not</b> 12:00 <b>Prep and Lunch/December Birthdays</b> 1:00 Guest Choice	5 3:30 How U Doin'? 4:00 <b>Karaoke</b> 5:30 Snacks/Social 6:30 <b>Depart from Drop-In for Thursday Excursion - Big Band Night (Return at 8:15)</b> RSVP to Drop-In in Advance	6 1:15 <b>Recovery Connection</b> 2:15 <b>Creative Arts</b> 4:00 <b>Multimedia</b> 1:00-3:00 <b>Work on Interpersonal Issues w/ Tom</b>	7 Saturday Excursion <b>Enchanted Castle Indoor Minigolf - Lombard</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
8 <b>Special Hours 12-5</b> Sunday Excursion <b>The Nutcracker Ballet - Schaumburg</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>	9 10:00 How u Doin'? 10:30 <b>Mt. Prospect Plaza - Walmart and many other Stores</b> 12:00 Snacks/Social 1:00 Guest Choice 2:00 <b>Short Story/Book Club</b>	10 3:30 How U Doin' 4:00 <b>Holiday Blues Group w/ Christine</b> 5:00 <b>Prep and Dinner</b> 7:00 <b>Music Therapy</b>	11 11:15 <b>Work, Why Not</b> 12:00 <b>Excursion - Movie at Elk Grove Cinemas</b>	12 3:30 How U Doin' 4:00 <b>Leadership and Empowerment</b> 5:15 <b>Depart for NAMI Schaumburg Area Holiday Party</b> RSVP to Drop-In in Advance	13 1:15 <b>Recovery Connection</b> 2:15 <b>Creative Arts</b> 3:15 <b>Potluck</b> 5:00 <b>Multimedia</b> 1:00-3:00 <b>Work on Interpersonal Issues w/ Tom</b>	14 Saturday Excursion <b>Hawthorn Mall - Vernon Hills</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
15 10:00 How u Doin'? 11:00 <b>Guided Meditation</b> 12:00 Snacks/Social 1:00 <b>NAMI Connection</b>	16 10:00 How u Doin'? 10:30 <b>Bingo w/ prizes</b> 1:00 <b>Yoga, Mindfulness and Meditation</b> 2:00 Guest Choice	17 3:30 How U Doin' 4:00 <b>Holiday Blues Group w/ Christine</b> 5:00 <b>Prep and Dinner</b> 7:00 Movie and Popcorn Night	18 11:15 <b>Work, Why Not</b> 12:00 <b>Prep and Lunch</b> 1:00 Guest Choice	19 3:30 How U Doin'? 4:00 <b>Karaoke</b> 5:30 Snacks/Social 6:30 <b>Leadership and Empowerment</b>	20 1:15 <b>Recovery Connection</b> 2:15 <b>Creative Arts</b> 4:00 <b>Multimedia</b> 1:00-3:00 <b>Work on Interpersonal Issues w/ Tom</b>	21 Saturday Excursion <b>The Arboretum - Star Cinema and Grill - South Barrington</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
22 10:00 How u Doin'? 11:00 <b>Guided Meditation</b> 12:00 Snacks/Social 1:00 <b>Gratitude Group</b>	23 10:00 How u Doin'? 10:30 <b>Mt. Prospect Plaza - Walmart and many other Stores</b> 12:00 Snacks/Social 1:00 Guest Choice 2:00 <b>Short Story/Book Club</b>	24 - Christmas Eve <b>Special Hours 10a-3p</b> 10:30-11:30 Secret Santa Gift Exchange for Particip. Guests 12-1 <b>Pizza &amp; Salad Served</b> 1-2 <b>Bingo w/ Prizes</b> 2-3 <b>Karaoke</b> Limited Number of Small Gifts Distributed at Closing	25 - Christmas Day <b>Christmas Day Drop-In Center is Closed!</b> <b>Mobile Crisis Line: 988 or (847)383-0406</b> <b>KYC Living Room: (224)619-4941</b>	26 Thursday Excursion <b>Zoo Lights - Lincoln Pk Zoo - Chicago</b> Leaving Drop-In at 4:00 (See Announcements) <b>Please Call Drop-In for Reservations</b>	27 1:15 <b>Recovery Connection</b> 2:15 <b>Creative Arts</b> 4:00 <b>Multimedia</b> 1:00-3:00 <b>Work on Interpersonal Issues w/ Tom</b>	28 Family and Friends Day Featured Movie - "Elf" Lunch - <b>Potluck</b> (See Announcements) <b>Please Call Drop-In for Reservations</b>
29 10:00 How u Doin'? 11:00 <b>Guided Meditation</b> 12:00 Snacks/Social 1:00 <b>Gratitude Group</b>	30 10:00 How u Doin'? 10:30 <b>Bingo w/ prizes</b> 1:00 <b>Yoga, Mindfulness and Meditation</b> 2:00 Guest Choice	31 - New Year's Eve <b>Reg Hours 3:30p-8p</b> 3:30 How U Doin' 4:00 <b>"Family Feud" w/ Prizes</b> 5:00 Dinner - Sub Sandwiches, Potato Salad, Artichoke Dip 6:00 <b>Karaoke</b>			Visit the kennthyoung.org website to see Drop-In Center activities, details, and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext 117 or just "drop in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)	

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests



*\*This is a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. \*must be 18 and over to attend.*