



ENGLISH and SPANISH WORKSHOPS

Workshops Available in Spanish/English/Spanglish- Can be for half a day, a day or a two day. Availability for weekly 2 hr. segments for 6 to 8 weeks.

- Culture and Language in Spanish
- Working with Parents and Children
- Assessments
- Interventions and Diagnosis
- High Risk Behaviors
- Alternative Practices in Treatment
- Supervision
- Provider’s Own Exploration of Identity
- Healing from Generational Trauma
- Combination of topics
- Other

Josefina L. Sierra, MSW, LCSW

A mental health professional with over 30 years of experience. Served as a provider in community outreach, therapist to diverse population and mental health issues. Extensive experience in supervision, consultant, senior adjunct professor, presenter in a variety of topics at the local, regional, and national levels in English and Spanish. Main passion is to serve the Latino Community and to provide and augment knowledge in culture and to augment the ability to properly communicate in Spanish to better serve the Latino Community.

Contact Information

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WORKSHOP OBJECTIVES:

These workshops will increase participant ability to utilize clinical vocabulary and skill sets in Spanish. It will increase cultural competence and understanding of the Latinx culture and its inter/intragroup differences, which will enable participants to confront myths and stereotypes regarding this population. Workshops can be conducted primarily in Spanish or Spanglish.

WHO CAN BENEFIT FROM THIS COURSE: Providers in mental health working with monolingual or bilingual; Latinx clients as well as Individuals who would like to increase their sense of identity and connection with their Latin roots. Not Latinx provider but interested in learning about it, this is for you too!