

# 5 Step OVERDOSE RESPONSE

Step

1



**SHOUT** their name  
& **SHAKE** their shoulders

Step

2



**CALL 911**

Step

3



**ADMINISTER  
NALOXONE**

one spray in nostril

Step

4



**START CPR**

Step

5



**IS IT WORKING?**

if there is no improvement,  
spray 2nd time in nostril &  
continue CPR

**STAY WITH THE PERSON**

If you're struggling with drug or alcohol use,  
you're not alone.

1-800-662-HELP (4357) or go to  
[findtreatment.gov](http://findtreatment.gov). to find local treatment options

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