

Drop-In **November**

All On-Site
Kenneth Young
Drop-In Center
activities are
FREE to
registered guests

<i>OPEN 10:00a to 3:00p</i>	<i>OPEN 10:00a to 3:00p</i>	<i>OPEN 3:30p to 8:00p</i>	<i>OPEN 11:00a to 4:00p</i>	<i>OPEN 3:30p to 8:00p</i>	<i>OPEN 1:00p to 6:00p</i>	<i>OPEN 10:00a to 3:00p</i>
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St Mt. Prospect, Il 60056 (located next to Culver's)			11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Putting Edge Mini Golf-Norridge <u>Please CALL for Details & to RSVP</u>
5	6	7	8	9	10	11
10:00 How U Doin' 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 Social	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Bowling-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>
12	13	14	15	16	17	18
10 to 3 Tailgate party-Bears Game <u>Please CALL for Details as we may be OFFsite</u>	10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 Social	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-ElkGrove (See Flyers) <u>Please CALL for Details & to RSVP</u>	3:30 to 8 Music for the Mind	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Community Dinner-Elk Grove (See Flyers) <u>Please CALL for Details & to RSVP</u>
19	20	21	22	23	24	25
10:00 How U Doin' 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 Social	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	SPECIAL HOURS & EVENT Thanksgiving Party 10 to 3 (See Flyers) <u>Please CALL for Details & to RSVP</u>	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Family & Friends-Guest Speaker 10 to 3 <u>Please CALL for Details & to RSVP</u>
26	27	28	29	30		
10 to 3 At your Leisure <u>Please CALL for Details as we may be OFFsite</u>	10:00 Get Fit Club- OFF SITE-Please CALL for Details We will return by Noon for: 12:00 Lunch/Social 1:00 Social	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice-Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 to 8 Music for the Mind		

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend **