


OPEN 10:00a to 3:00p	OPEN 10:00a to 3:00p	OPEN 3:30p to 8:00p	OPEN 11:00a to 4:00p	OPEN 3:30p to 8:00p	OPEN 1:00p to 6:00p	OPEN 10:00a to 3:00p
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Visit the Kennethyoung.org website to see Drop-In Center activities, details and other Kenneth Young programming. For questions or more information, call your Drop-In Team at 847-621-2040 ext. 117 or just "drop-in" @ 1585 W. Dempster St. Mt. Prospect, IL 60056 (located next to Culver's)						Saturday Excursions Septemberfest-Schaumburg Please <u>CALL for Details & to RSVP</u>
2	3	4	5	6	7	8
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	Labor Day Party - Come for food, games, and fun!	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:30 Music For The Mind 6:30 Big Band Excursion	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Cantigny Revolutionary War Reenactment (See Flyers) Please <u>CALL for Details & to RSVP</u>
9	10	11	12	13	14	15
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Illinois Railway Museum (See Flyers) Please <u>CALL for Details & to RSVP</u>
16	17	18	19	20	21	22
10:00 How U Doin' 11:00 Exploring Spirituality 12:00 Lunch/Social 1:00 NAMI Connection	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	Excursion Classic Cinemas-Elk Grove (See Flyers) Please <u>CALL for Details & to RSVP</u>	3:30 How U Doin' 4:30 Music For The Mind 5:30 Dinner/Social 6:30 Guest Choice	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Saturday Excursions Naper Settlement Pow Wow (See Flyers) Please <u>CALL for Details & to RSVP</u>
23/30	24	25	26	27	28	29 ***7am to 12pm***
10:00 How U Doin' 11:00 Breakfast 12:00 Guest Choice	10:00 Get Fit Club- OFF SITE -Please <u>CALL for Details</u> We will return by Noon for: 12:00 Lunch/Social 1:00 8 Dimensions of Wellness	3:30 How U Doin' 4:30 Helping Hands 5:30 Dinner/Social 6:30 Recovery Circle	11 to 4 Guest Choice- Cooking, socialization, Drop-In Art Studio, Games, Music, Fun and Friendship	3:30 How U Doin' 4:00 Leadership & Empowerment 5:30 Movie & Popcorn Night	1:00 Vocations for Recovery (Job Club) 2:00 Creative Arts 4:00 Multi Media * Snacks will be available from 4:30 to 5:30	Friends and Family Day - Fishing With Larry (See Flyers) Please <u>CALL for Details & to RSVP</u>

All On-Site Kenneth Young Drop-In Center activities are **FREE** to registered guests

**This will be a place where individuals who have experienced mental illness create & operate an environment of support, socialization & self-direction. *must be 18 and over to attend*