PRESS RELEASE

Kenneth Young Center Announces the 25th Anniversary Hustle for Health 5K Run/Walk on May 30, 2026.

Elk Grove Village, IL (February 16, 2026) — Kenneth Young Center invites the community to join the 25th Anniversary Hustle for Health 5K Run/Walk. The event will take place on May 30, 2026 at Busse Woods Grove 27 in Elk Grove Village, IL. The 5K will be a celebration of "25 years of movement, 55 years of impact" in honor of the 25th anniversary of the Hustle for Health and 55 years of Kenneth Young Center's service to the community.

The Hustle for Health 5K Run/Walk will feature a chip-timed 5K race and community walk, food trucks, family-friendly activities, and entertainment on stage. The event is expected to attract 300 participants, donors, and community leaders and aims to raise $150,000 to ensure that vital community behavioral health, older adult, and community health services remain accessible to those who need them most. People interested in participating may register at give.kennethyoung.org/2026.

This year's event is made possible through the generous support of Packaging Corporation of America (PCA) who is a returning presenting sponsor. *"Packaging Corporation of America's continued leadership and generosity are powerful affirmations of their belief in Kenneth Young Center's mission and the importance of accessible, community-based mental health services."* said Maurice D. Ware, Chief Executive Officer of Kenneth Young Center. *"PCA's support directly strengthens Kenneth Young Center's ability to meet growing community needs during a time when stable, values-aligned corporate partners matter more than ever."* Corporations, businesses, and individuals interested in sponsoring the event may visit kennethyoung.org/2026-5ksponsorship.

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About Kenneth Young Center

Kenneth Young Center is a 501(c)(3) Community Mental Health Center serving Chicago's northwest suburbs with a full continuum of more than 35 behavioral health, older adult, and community health services. Programs support families and individuals of all ages through personalized prevention, intervention, treatment, and recovery programs. Services include

outpatient therapy, community-based wraparound mental health services, 24/7 crisis response, school-based programs, LGBTQ+ affirming services, home delivered meals, caregiver supports, and Mental Health First Aid training.

In FY25, Kenneth Young Center served more than 12,000 people through outpatient behavioral health and older adult services, in addition to providing student programming in 18 area middle and high schools. 94% of their behavioral health clients come from low-income or very low-income households, and they work with clients to ensure that cost doesn't become a barrier to care. Kenneth Young Center accepts a range of health insurance plans, including Medicaid, and also offers sliding-scale fees for uninsured and underinsured residents of Elk Grove and Schaumburg Townships. Through comprehensive, integrated care, Kenneth Young Center helps community members achieve stability, independence, and hope. Learn more at kennethyoung.org

About Packaging Corporation of America

Packaging Corporation of America is the third largest producer of containerboard products and a leading producer of uncoated freesheet paper in North America. PCA operates ten mills and 91 corrugated products plants and related facilities. Headquartered in Lake Forest, Illinois, PCA employs approximately 15,400 people and maintains operations across the United States. The company is known for its focus on customer service, innovation, and responsible manufacturing practices, delivering high-quality packaging solutions that support businesses nationwide. PCA believes that supporting the community goes hand in hand with supporting their customers and their people. They are committed to making the world a better place by providing grassroots causes with the resources they need to strengthen and build communities. Learn more at packagingcorp.com.

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Images:
Kenneth Young Center Logo
2026 Hustle For Health “25 Years of Movement” Logo
Hustle for Health banner images